GENERAL

tv guide st louis mo

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Discover the Complete St. /Louis TV Guide: Your Ultimate Resource for Local Television

Living in or visiting St. Louis, Missouri, you'll quickly realize that the city's television landscape is as vibrant and diverse as its culinary scene and historic architecture. From the crack of the baseball bat at Busch Stadium to the thrilling moments of a Cardinals home game, from the latest local news to a surprise late night comedy special, the TV guide is your gateway to staying in the loop. Whether you're a longtime resident, a new transplant, or a tourist looking to catch a live sporting event, this comprehensive guide will help you navigate the myriad of channels, schedules, and digital options available in St. /Louis.

Understanding the TV Landscape in St. /Louis, MO

Major Over-the-Air Stations

St. Louis boasts a solid lineup of primary network affiliates that provide a mix of national programming and local content. The city's key stations include:

- KPLR 5 – CBS flagship, offering a blend of national shows, local news, and community events.
- KMOV 4 – ABC affiliate with a strong local news presence and popular syndicated programs.
- KSDK 5 – NBC's St. /Louis voice, delivering breaking news, weather, and entertainment.
- KTVI 2 – FOX station featuring live sports, reality shows, and local talk segments.

Beyond these primary channels, the market includes several subchannels and specialty networks that cater to niche interests, such as *MeTV*, *Cozi TV*, and *HGTV*, all accessible via digital over the air (OTA) broadcasts.

Cable and Satellite Providers

For those who prefer a cable or satellite lineup, **Comcast Xfinity** and **Dish Network** are the predominant providers in the area. Both offer a broad selection of local and national channels, along with premium packages that include sports networks like *ESPN* and *Fox Sports*. Cable packages often come with a built in electronic program guide (EPG) that can be accessed through your remote or the provider's mobile app.

Streaming Services and On Demand Options

St. /Louis residents are increasingly turning to streaming platforms for flexibility. Services such as **Hulu + Live TV**, **YouTube TV**, **Paramount+**, and **Peacock** provide live access to local stations and a wealth of on demand content. Many of these platforms offer a *free trial* period, making them an attractive alternative to traditional cable subscriptions.

How to Access the St. /Louis TV Guide

Traditional Print Guides

Although digital options dominate, some viewers still appreciate the tactile experience of a printed TV guide. Local newspapers such as the *St. /Louis Post Dispatch* publish a weekly television section that lists prime time programming, sports broadcasts, and special events. These guides are available in the newspaper's print edition

and as a PDF on its website.

Online Platforms

The most comprehensive and up to date source for a St. /Louis TV schedule is the **official network websites** of KPLR, KMOV, KSDK, and KTVI. Each station's site hosts a detailed program guide that includes:

1. Daily schedules for all days of the week.
2. Highlights of upcoming local news segments.
3. Information on live sports and special broadcasts.

In addition, third party websites like *TV Guide.com* and *Zap2It* aggregate local listings and allow you to filter by channel, date, or program type.

Mobile Apps

For on the go viewers, mobile apps are indispensable. The **St. /Louis TV Guide app** (available for iOS and Android) pulls real time data from local stations and provides:

- Push notifications for show start times.
- Customizable alerts for favorite shows.
- Integration with DVR and streaming services.

Similarly, the *Comcast Xfinity* and *Dish Network* apps let you view your cable lineup and record programs directly from your smartphone.

Local TV Stations in St. /Louis

Each local station brings a distinct flavor to the St. Louis TV guide, reflecting the city's cultural diversity and sporting fervor. Below is a deeper dive into what each station offers and how to make the most of their programming.

KPLR 5 – CBS

As the flagship of CBS in St. Louis, KPLR 5 provides a balanced mix of national shows and local content. Highlights include:

- Local News – Morning, noon, and evening newscasts covering city events, traffic, and weather.
- Sports Coverage – Live broadcasts of Cardinals baseball games and local high school sports.
- Community Outreach – Segments featuring local charities, schools, and community leaders.

KMOV 4 – ABC

KMOV 4 is known for its engaging local news and a strong lineup of daytime and prime time programming. Key features include:

- Exclusive interviews with local politicians and celebrities.
- Live coverage of city council meetings.
- Special segments on St. /Louis history and culture.

KSDK 5 – NBC

As the NBC affiliate, KSDK 5 offers:

- Comprehensive local news coverage.
- Live broadcasts of Monday Night Football and other national sports events.
- In depth investigative journalism focused on regional issues.

KTVI 2 – FOX

FOX's St. /Louis presence is marked by:

- Live sports, including FOX Sports Midwest coverage of Cardinals games.
- Reality and game shows that capture national attention.
- Local talk shows that discuss city developments and entertainment.

Subchannels and Specialty Networks

In addition to the major affiliates, St. Louis viewers can access a range of subchannels that cater to specific interests. These include:

- MeTV – Classic television reruns.
- Cozi TV – Nostalgic programming from the 1950s 1980s.
- HGTV – Home improvement and renovation shows.
- Food Network – Culinary adventures and cooking competitions.

Sports Coverage in St. /Louis

Sports are a cornerstone of St. Louis culture, and the local TV guide reflects this passion with extensive coverage of professional and college teams.

Major League Baseball – St. /Louis Cardinals

Cardinals games are a staple on KTVI 2 and KPLR 5, with live broadcasts of both home and away matches. The TV guide also highlights pre game shows, post game analysis, and special features on player profiles.

National Hockey League – St. /Louis Blues

For hockey fans, the Blues' games are typically aired on *ESPN+* and occasionally on local affiliates during key matchups. The TV guide provides game schedules, player stats, and live commentary.

Major League Soccer – St. /Louis City SC

St. /Louis City SC's inaugural seasons have been broadcast on *ESPN+* and *Fox Sports*. The TV guide lists match times, kickoff alerts, and highlights from previous games.

College Sports

Local universities such as Missouri State and Saint Louis University also receive coverage on local stations, especially during major conference tournaments. The TV guide lists game times, broadcasting stations, and post game highlights.

Local News and Weather

St. Louis residents rely on their local TV stations for timely news and weather updates. Each station's news programs are tailored to the city's unique needs.

News Programs

Typical news slots include:

- Morning news at 6:00 /a.m. and 7:00 /a.m.
- Midday updates at 12:00 /p.m.
- Evening newscasts at 5:00 /p.m., 6:30 /p.m., and 10:00 /p.m.

These broadcasts cover local politics, crime, business, and human interest stories, ensuring viewers stay informed

about city happenings.

Weather Updates

St. Louis weather is notoriously unpredictable, and local stations provide frequent updates. The TV guide often includes:

- Hourly weather forecasts.

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